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Ronald London '67
980 Lombard Avenue
Saint Paul, MN 55105-3253

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SATURDAY, MARCH 1, 2008

Aging—and Aging Well

*presented by the Dartmouth Office of Alumni Relations
and the Dartmouth Club of the Midwest*



Minneapolis



Thomas Oxman, MD, '71 is a professor emeritus of psychiatry and of community and family medicine at Dartmouth Medical School. Dr. Oxman was the director of geriatric psychiatry at Dartmouth Medical School and the first director of geriatric psychiatry residency training at Dartmouth Hitchcock Medical Center. He served as the associate chair of the MacArthur Foundation Initiative on Depression and Primary Care at Dartmouth and Duke University. Dr. Oxman is a distinguished fellow of the American Psychiatric Association.

Aging is an important part of the human experience and one that is deeply entwined with societal norms and cultural expectations. We're affected not only by our own aging process, but also, particularly in this era of longer life spans, by those of our parents and grandparents. Dr. Oxman will discuss how aging occurs, the consequences of aging, and the prevention of some of those consequences. He'll describe what constitutes successful aging versus "normal" aging and advocate for personal planning to achieve successful aging. We'll learn about new evidence for the argument that difficult-to-test but important gains in judgment, insight, and responsibility—what we commonly call "wisdom"—in many cases offset the losses that occur with aging. Join us as we gain knowledge on this fascinating topic that affects us all.

SATURDAY, MARCH 1, 2008

Aging—and Aging Well

Registration/Cost

The deadline for registration is February 23. Reservations will be made on a first-come, first-served basis upon receipt of paid registration. The cost is \$40 for alumni through the Class of 1997 and \$25 for members of the Classes of 1998–2007 and guests. Please make your check payable to the Dartmouth Club of the Midwest. Please complete the attached registration card and send with payment to:

Ronald London '67
980 Lombard Avenue
Saint Paul, MN 55105-3253

For more information, contact Ron:
h: (651) 222-3349
w: (612) 337-9544
rlondon@londonbullard.com

Seminar Location and Directions

Room 332 (Presidents Room)
Coffman Memorial Union
University of Minnesota, Twin Cities Campus
300 Washington Avenue SE
Minneapolis, Minnesota
(612) 624-4636

Find directions at
www.coffman.umn.edu/about/directions.php.

SEMINAR SCHEDULE

8–8:45 am	Sign-In
8:45–9 am	Welcome and Introductions
9–10 am	Presentation 1
10–10:15 am	Break
10:15–11:15 am	Presentation 2
11:15–11:30 am	Break
11:30 am–1 pm	Discussion and Conclusion

register!

Name: _____

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Guest(s): _____

Name: _____

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Places reserved: _____

Total enclosed: \$ _____

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